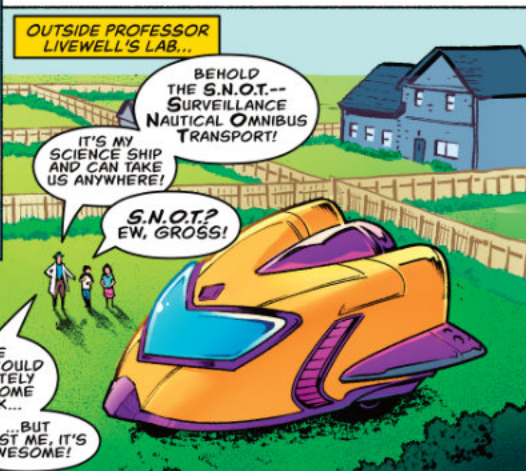
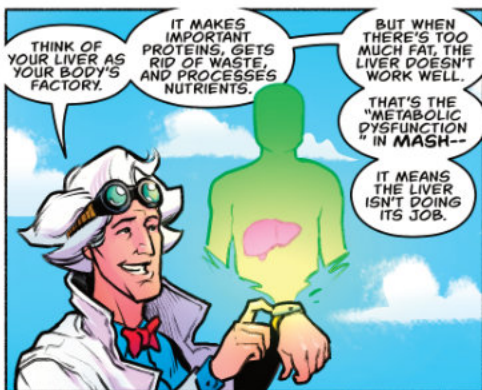
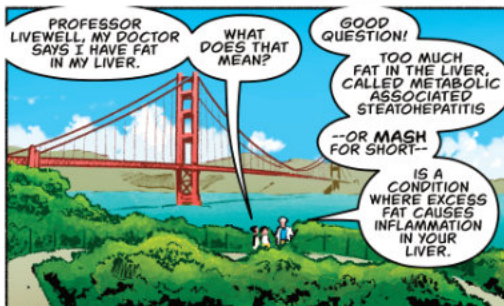


LIVEWELL COMICS PRESENTS:

PROFESSOR LIVEWELL

EVERYTHING YOU WANTED TO KNOW ABOUT
FATTY LIVER DISEASE BUT WERE AFRAID TO ASK!



INSIDE THE S.N.O.T.

PUSH THAT
BUTTON, AND WE'LL
ZOOM IN TO SEE
HOW FAT MESSES
WITH YOUR LIVER--
AND HOW YOU
CAN FIX IT!

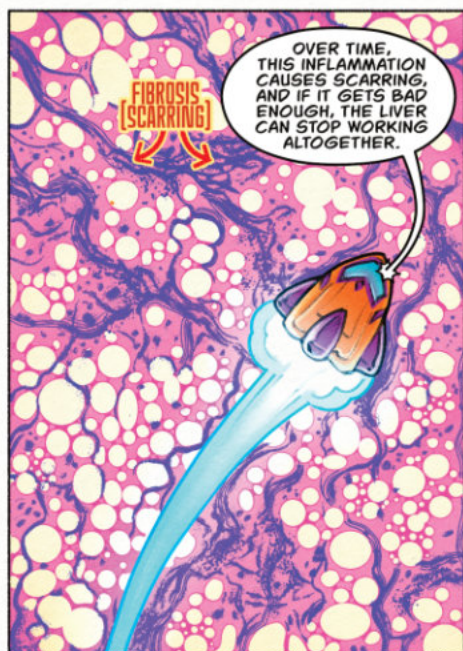
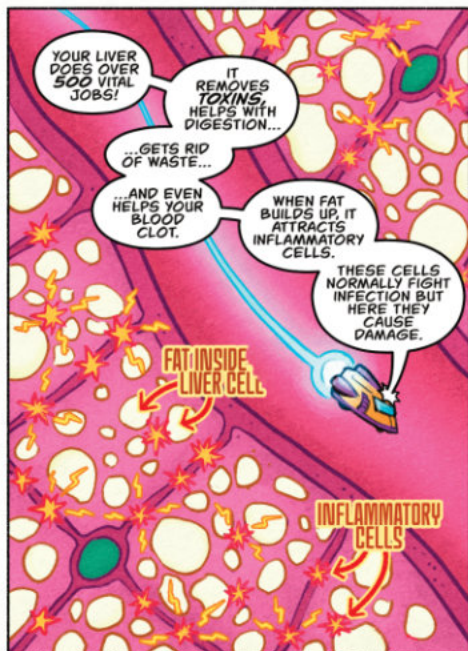


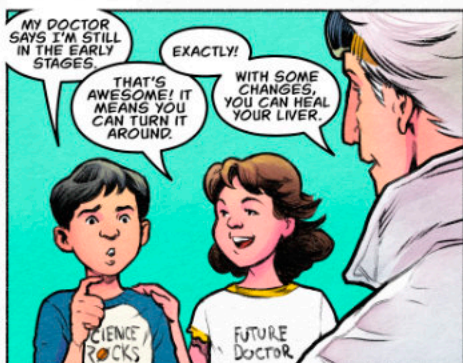
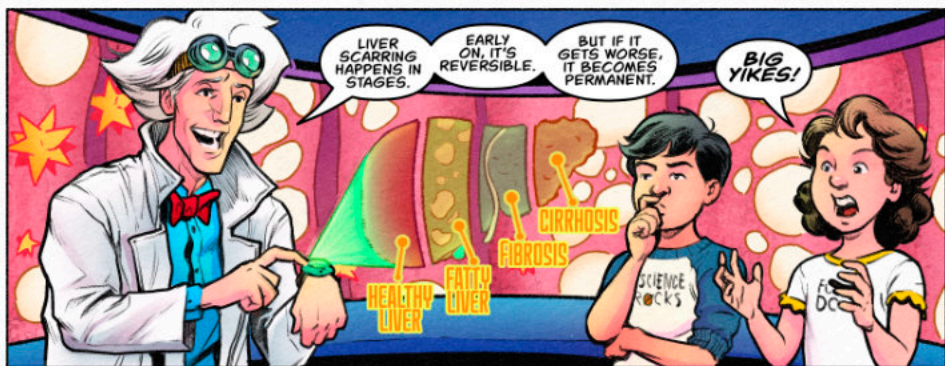
WHOOAA!!

WHAT'S
THAT?

THAT'S
A LIVER
WITH
MASH.

LET'S
TAKE A
CLOSER
LOOK.







DECODE THE MASH MYSTERY!

•THE LIVER CAN HEAL ITSELF IF CAUGHT EARLY--YOUR LIFESTYLE MATTERS!

•YOUR DOCTOR MONITORS YOUR LIVER ENZYMES, SPECIFICALLY **ALT** AND **AST**, TO HELP DIAGNOSE **MASH** AND TO TRACK YOUR LIVER'S HEALING. THE LOWER THE NUMBER THE BETTER!

•EAT A BALANCED DIET WITH LESS SUGAR AND MORE FIBER.

•STAY ACTIVE, DON'T SMOKE OR VAPE, AND KEEP A HEALTHY WEIGHT.

•PROTECTING YOUR LIVER ALSO LOWERS THE RISK OF HEART DISEASE, DIABETES, AND EVEN DEMENTIA!